

LAUNCHED  
SUMMER 2024!



# Real Food Blends® Select™ Chicken, Zucchini & Potatoes

The only calorically dense, high protein ready-to-feed meals for tube feeding made from 100% real food with no synthetic ingredients.

## Main Features:

- Calorically dense with 1.6 Cal/mL
- High protein meal option with 16 g of protein per pouch
- 100% real food
- 9.4 oz pouch yields approximately 250 mL per serving
- Contains 8 real food ingredients
- Vitamins and minerals from only real food
- No dairy, nut, or soy ingredients
- No added sugar\* or salt\*\*
- No added color, flavor, or synthetic ingredients
- Most closely mimics homemade blenderized tube feeding†

\*Not a low-calorie food \*\*Not a sodium-free food

†Compared to other blenderized enteral formulas

Note: Real Food Blends can be used as a primary source of nutrition or in conjunction with tube feeding formula.

## Nutritional Applications:

- Suitable for tube-fed individuals who may have elevated calorie and protein needs.
- Ideal for patients wanting easy access to a true blended diet.
- A growing body of evidence indicates that blenderized tube feeding may improve common symptoms of formula intolerance:
  - Gagging/Retching<sup>1</sup>
  - Nausea & Vomiting<sup>2</sup>
  - Bowel Function<sup>3</sup>
  - Reflux<sup>4</sup>

## Ordering/Reimbursement Information:

Product	HCPSC Code	Reimbursement Code	Product Packaging	Calories Per Pouch
202395	B4149	49735-0101-87	12 x 9.4 oz	410

For reimbursement information, please call our Nutricia Navigator Team at (800) 365-7354.

1. Pentiuik et al. JPEN 2011;35:375-79. 2. Gallagher et al. JPEN. 2018;43:1046-60. 3. Schmidt et al. Clinical Nutrition (Edinburgh, Scotland) 2019;38:332-40. 4. Kernizan et al. JPGN. 2020;71:124-28.

## Nutrition Information:

Nutrients <sup>‡</sup>	Per serving (267g)	Per 1000 mL	Minerals	Per serving (267g)	Per 1000 mL
Calories	410	1640	Calcium, mg	20	80
Protein, g	16	64	Phosphorus, mg	165	658
Fat, g	28	112	Magnesium, mg	34	136
Saturated Fat, g	4.5	18	Iron, mg	1	4
Monounsaturated Fat, g	11	44	Zinc, mg	0.80	3
Polyunsaturated Fat, g	4.6	18	Manganese, mg	0.43	2
Trans Fat, g	0	0	Copper, mcg	0.07	0.28
Cholesterol, mg	70	280	Selenium, mcg	12	46
Carbohydrate, g	23	92	Sodium, mg	50	200
Fiber, g	1	4	Potassium, mg	350	1400
Sugars, g	12	48	Free Water, mL	200	800
Added Sugars, g	0	0			
<b>Vitamins</b>					
Vitamin A, RAE, mcg	58	230			
Vitamin D, mcg	0	0			
Vitamin E, α-tocopherol, mg	3	11			
Vitamin K, mcg	8	32			
Thiamin, mg	0.04	0.15			
Riboflavin, mg	0.13	0.52			
Vitamin B <sub>6</sub> , mg	0.17	0.68			
Vitamin B <sub>12</sub> , mcg	0.23	0.9			
Niacin, mg	4	15			
Folate (DFE), mcg	14	57			
Pantothenic Acid, mg	0.46	1.8			
Vitamin C, mg	0	0			
Choline, mg	48	194			

<sup>‡</sup>For healthcare professionals only. Real Food Blends® Select™ is made from 8 real food ingredients. Due to normal nutritional variation in agricultural ingredients, actual nutrient content of our products may differ. For individuals dependent on a feeding tube, regular nutritional monitoring is recommended to ensure the diet is adequate and provides all essential nutrients.

Contact Nutricia North America:  
(800) 365-7354 or  
NutritionServices@Nutricia.com  
Monday-Friday, 8:30am - 5:00pm ET

## Ingredients

Chicken, Apple Juice, Water, Zucchini, Potatoes, Extra Virgin Olive Oil, Brown Rice, Red Bell Peppers.

## Administration

Can be used as bolus, pump or gravity feeding with a 12 Fr G-tube or larger.

Can be administered via pump or gravity with additional liquid.

Recommended hang time of 2 hours.

Use a variety of Real Food Blends meals to customize nutrition plans to help address the dietary needs of each patient.

If Real Food Blends meals are used as a primary source of nutrition, consider a multivitamin and mineral supplement and an additional calcium and sodium source.

Recommended for use as directed by a healthcare professional.

## Storage Recommendations

Once opened, Real Food Blends should be used within 2 hours, or stored in a refrigerator for up to 24 hours. Discard unused contents thereafter.