



Real Food Blends®

Salmon, Oats & Squash

The only 100% real food meals with no synthetic ingredients that are ready-to-feed for people with feeding tubes.

Main Features:

- 100% real food
- 9.4 oz pouch yields approximately 250 mL per serving
- Provides 1.3 Cal/mL and 10 g of protein per pouch
- Contains 8 real food ingredients
- Vitamins and minerals from only real food
- No dairy, nut, or soy ingredients
- No added sugar* or salt**
- No added color, flavor, or synthetic ingredients
- Most closely mimics homemade blenderized tube feeding†

*Not a low-calorie food **Not a sodium-free food

†Compared to other blenderized enteral formulas

Note: Real Food Blends can be used as a primary source of nutrition or in conjunction with tube feeding formula.

Nutritional Applications:

- Ideal for patients wanting easy access to a true blended diet.
- A growing body of evidence indicates that blenderized tube feeding may improve common symptoms of formula intolerance:
 - Gagging/Retching¹
 - Nausea & Vomiting²
 - Bowel Function³
 - Reflux⁴

Ordering/Reimbursement Information:

| Product | HCPCS Code | Reimbursement Code | Product Packaging | Calories Per Pouch |
|---------|------------|--------------------|-------------------|--------------------|
| 176987 | B4149 | 30669-0449-67 | 12 x 9.4 oz | 330 |

For reimbursement information, please call our Nutricia Navigator Team at (800) 365-7354

1. Pentuik et al. JPEN 2011;35:375-79. 2. Gallagher et al. JPEN. 2018;43:1046-60. 3. Schmidt et al. Clinical Nutrition (Edinburgh, Scotland) 2019;38:332-40. 4. Kernizan et al. JPGN. 2020;71:124-28.

Nutrition Information:

| Nutrients [‡] | Per serving (267g) | Per 1000 mL | Minerals | Per serving (267g) | Per 1000 mL |
|-----------------------------|--------------------|-------------|----------------|--------------------|-------------|
| Calories | 330 | 1320 | Calcium, mg | 30 | 120 |
| Protein, g | 10 | 40 | Phosphorus, mg | 111 | 445 |
| Total Fat, g | 20 | 80 | Magnesium, mg | 33 | 134 |
| Saturated Fat, g | 4.0 | 16 | Iron, mg | 1 | 4 |
| Monounsaturated Fat, g | 9.7 | 39 | Zinc, mg | 0.61 | 2.5 |
| Polyunsaturated Fat, g | 3.5 | 14 | Manganese, mg | 0.52 | 2.1 |
| Trans Fat, g | 0 | 0 | Copper, mg | 0.12 | 0.48 |
| Cholesterol, mg | 25 | 100 | Selenium, mcg | 10.4 | 42 |
| Total Carbohydrate, g | 29 | 116 | Sodium, mg | 40 | 160 |
| Fiber, g | 3 | 12 | Potassium, mg | 370 | 1480 |
| Total Sugars, g | 18 | 72 | Free Water, mL | 212 | 848 |
| Added Sugar, g | 0 | 0 | | | |
| Vitamins | | | | | |
| Vitamin A, RAE mcg | 24 | 96 | | | |
| Vitamin D3, mcg | 5 | 20 | | | |
| Vitamin E, α-tocopherol, mg | 0.90 | 3.6 | | | |
| Vitamin K, mcg | 10 | 41 | | | |
| Thiamin, mg | 0.06 | 0.23 | | | |
| Riboflavin, mg | 0.12 | 0.46 | | | |
| Vitamin B6, mg | 0.08 | 0.32 | | | |
| Vitamin B12, mcg | 0.83 | 3.3 | | | |
| Niacin, mg | 1.2 | 4.9 | | | |
| Folate (DFE), mcg | 5.1 | 21 | | | |
| Pantothenic Acid, mg | 0.18 | 0.7 | | | |
| Vitamin C, mg | 0.20 | 0.80 | | | |
| Choline, mg | 34 | 138 | | | |

[‡]For healthcare professionals only. Real Food Blends® is made from 5-8 real food ingredients. Due to normal nutritional variation in agricultural ingredients, actual nutrient content of our products may differ. For individuals dependent on a feeding tube, regular nutritional monitoring is recommended to ensure the diet is adequate and provides all essential nutrients.

Contact Nutricia North America:
(800) 365-7354 or
NutritionServices@Nutricia.com
Monday-Friday, 8:30am - 5:00pm ET

Ingredients

Apple Juice, Squash, Salmon, Water, Apples, Gluten-Free Rolled Oats, Extra Virgin Olive Oil, Lemon Juice.

Contains: Fish (Salmon).

Administration

Can be used as bolus, pump or gravity feeding with a 12 Fr G-tube or larger.

Can be administered via pump or gravity with additional liquid.

Recommended hang time of 2 hours.

Use a variety of Real Food Blends meals to customize nutrition plans to help address the dietary needs of each patient.

If Real Food Blends meals are used as a primary source of nutrition, a multivitamin and mineral supplement is required along with an additional calcium and sodium source.

Recommended for use as directed by a healthcare professional.

Storage Recommendations

Once opened, Real Food Blends should be used within 2 hours, or stored in a refrigerator for up to 24 hours. Discard unused contents thereafter.