



A FEEDING TUBE DOESN'T MEAN FOOD IS OFF THE TABLE

Why Real Food Blends®?

- The only 100% real food meals with no synthetic ingredients that are ready-to-feed for people with feeding tubes
- 8 different meals and 1 snack for adults & kids
- Closest to homemade blenderized tube feeding*
- Covered by many insurance plans under HCPCS B4149



Made from 100% Real Food

- Each meal or snack is made of 5-8 simple ingredients, providing easy access to a true blenderized diet

8 Meal Varieties for Adults & Kids

- Turkey, Sweet Potatoes & Peaches
- Chicken, Carrots & Brown Rice
- Salmon, Oats & Squash
- Eggs, Apples & Oats
- Beef, Potatoes & Spinach
- Quinoa, Kale & Hemp
Plant-based
- **Select™ Chicken, Zucchini & Potatoes – New!**
Calorie dense (1.6 Cal/mL) & high protein
- **Select™ Turkey, Pears & Pumpkin – New!**
Calorie dense (1.6 Cal/mL) & high protein



Nutritional Variety

- Offers a variety of fruits, vegetables, whole grains, fat and protein sources across 8 different meals from real foods
- A variety of Real Food Blends meals can be used to customize nutrition plans to help address the dietary needs of each patient



Nutritionally Customizable

- No added salt** or sugar†
- No added color, flavor, or synthetic ingredients
- No dairy, nut, or soy ingredients

1 Snack for Adults & Kids

- **Mini Prunes, Pears & Pumpkin**
Easy to add to existing tube feeding routine
Good source of fiber from real foods
May support bowel regularity



Convenient Ready-to-Feed

- Premade, shelf-stable meals and snack provide the benefits of a blenderized diet with the simplicity of a ready-to-feed product

*Compared to other blenderized enteral formulas

**Not a sodium-free food

†Not a low-calorie food



Nutritional Information

Per pouch	Mini Prunes, Pears, Pumpkin	Turkey, Sweet Potatoes & Peaches	Eggs, Apples & Oats	Chicken, Carrots & Brown Rice	Quinoa, Kale & Hemp	Salmon, Oats & Squash	Beef, Potatoes & Spinach	Select™ Chicken, Zucchini & Potatoes	Select™ Turkey, Pears & Pumpkin
Volume	113 g (Approx. 100 mL single portion)	267 g (Approx. 250 mL single portion)						267 g (Approx. 250 mL single portion)	
Description	Snack-size, easy addition to current tube feeding routine	Original meals						Calorically dense (1.6 Cal/mL) & high protein	
Calories	100	320	320	340	340	330	330	410	410
Protein, g	1	14	8	12	10	10	11	16	17
Carbohydrates, g	24	20	28	26	33	29	25	23	27
Fiber, g	3	3	3	2	6	3	2	1	2
Total Fat, g	1.5	21	20	21	20	20	21	28	26
Saturated Fat, g	0	4	4.5	4.5	4	4	5	4.5	4.5
Trans Fat, g	0	0	0	0	0	0	0	0	0
Cholesterol, mg	0	50	175	50	0	25	50	70	65
Sodium, mg	15	80	70	75	15	40	75	50	80
Potassium, mg	280	500	300	370	500	370	500	350	350

Ordering Information

Real Food Blends™ Mini	Item #	Unit UPC (pouch)	Case UPC	NDC [†] Format Code
Mini - Prunes, Pears & Pumpkin - 12 x 4 oz Pouches/Case	182829	7 4973500083 0	7 4973510083 7	49735-0100-83
Real Food Blends®	Item #	Unit UPC (pouch)	Case UPC	NDC [†] Format Code
Chicken, Carrots & Brown Rice - 12 x 9.4 oz Pouches/Case	176988	0 82045 49746 5	7 3066944966 6	30669-0449-66
Salmon, Oats & Squash - 12 x 9.4 oz Pouches/Case	176987	0 82045 49747 2	7 3066944967 3	30669-0449-67
Quinoa, Kale & Hemp - 12 x 9.4 oz Pouches/Case	176992	0 82045 49748 9	7 3066944968 0	30669-0449-68
Beef, Potatoes & Spinach - 12 x 9.4 oz Pouches/Case	176993	0 82045 49749 6	7 3066944969 7	30669-0449-69
Eggs, Apples & Oats - 12 x 9.4 oz Pouches/Case	176989	0 82045 49750 2	7 1641778184 4	16417-0781-84
Turkey, Sweet Potatoes & Peaches - 12 x 9.4 oz Pouches/Case	176990	7 16417 78185 1	7 1641778186 8	16417-0781-86
Real Food Blends™ Select™	Item #	Unit UPC (pouch)	Case UPC	NDC [†] Format Code
Select™ Chicken, Zucchini & Potatoes - 12 x 9.4 oz Pouches/Case	202395	7 4973500187 5	7 4973510187 2	49735-0101-87
Select™ Turkey, Pears & Pumpkin - 12 x 9.4 oz Pouches/Case	202464	7 4973500186 8	7 4973510186 5	49735-0101-86

For insurance billing purposes, all meals are listed under the Healthcare Common Procedure Coding System (HCPCS) B4149.

[†]Nutricia North America does not represent these codes to be National Drug Codes (NDCs). NDC-format codes are product codes adjusted according to standard industry practice to meet the format requirements of pharmacy and health insurance systems.

Additional Information

- Can be administered as bolus, pump or gravity feeding with a 12 Fr G-tube or larger.[§]
- Real Food Blends meals can be used as a primary source of nutrition, or in conjunction with tube feeding formula or home blenderized diet.
- If Real Food Blends meals are used as a primary source of nutrition, consider a multivitamin and mineral supplement and an additional calcium and sodium source.

[§]If consistency with gravity or pump feeding is a concern, dilute with fluid.



For more information, please visit
RealFoodBlends.com or call **1-800-365-7354**
 Monday-Friday 8:30 AM-5:00 PM ET



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TFONEPAGER11245 11/24