Real Food Blends®
Salmon, Oats & Squash

The only 100% real food meals with no synthetic ingredients that are ready-to-feed for people with feeding tubes.

NET WT 9.4 oz (267 g)

Main Features:

- 100% real food
- 9.4 oz pouch yields approximately 250 mL per serving
- Provides 1.3 Cal/mL and 10 g of protein per pouch
- Contains 8 real food ingredients
- Vitamins and minerals from only real food
- No dairy, nut, or soy ingredients
- No added sugar* or salt**
- No added color, flavor, or synthetic ingredients
- Most closely mimics homemade blenderized tube feeding[†]

*Not a low-calorie food   **Not a sodium-free food
[†]Compared to other blenderized enteral formulas
Note: Real Food Blends can be used as a primary source of nutrition or in conjunction with tube feeding formula.

Nutritional Applications:

- Ideal for patients wanting easy access to a true blended diet.
- A growing body of evidence indicates that blenderized tube feeding may improve common symptoms of formula intolerance:
  - Gagging/Retching[1]
  - Nausea & Vomiting[2]
  - Bowel Function[3]
  - Reflux[4]

Ordering/Reimbursement Information:

Product	HCPCS Code	Reimbursement Code	Product Packaging	Calories Per Pouch
176987	B4149	30669-0449-67	12 x 9.4 oz	330

For reimbursement information, please call our Nutricia Navigator Team at (800) 365-7354

1. Pentiuk et al. JPEN 2011;35:375-79. 2. Gallagher et al. JPEN. 2018;43:1046-60. 3. Schmidt et al. Clinical Nutrition (Edinburgh, Scotland) 2019;38:332-40. 4. Kernizan et al. JPGN. 2020;71:124-28.

Nutrition Information:

Nutrients[‡]	Per serving (267g)	Per 1000 mL
Calories	330	1320
Protein, g	10	40
Total Fat, g	20	80
Saturated Fat, g	4.0	16
Monounsaturated Fat, g	9.7	39
Polyunsaturated Fat, g	3.5	14
Trans Fat, g	0	0
Cholesterol, mg	25	100
Total Carbohydrate, g	29	116
Fiber, g	3	12
Total Sugars, g	18	72
Added Sugar, g	0	0
Vitamins		
Vitamin A, RAE mcg	24	96
Vitamin D3, mcg	5	20
Vitamin E, α-tocopherol, mg	0.90	3.6
Vitamin K, mcg	10	41
Thiamin, mg	0.06	0.23
Riboflavin, mg	0.12	0.46
Vitamin B6, mg	0.08	0.32
Vitamin B12, mcg	0.83	3.3
Niacin, mg	1.2	4.9
Folate (DFE), mcg	5.1	21
Pantothenic Acid, mg	0.18	0.7
Vitamin C, mg	0.20	0.80
Choline, mg	34	138

Minerals	Per serving (267g)	Per 1000 mL
Calcium, mg	30	120
Phosphorus, mg	111	445
Magnesium, mg	33	134
Iron, mg	1	4
Zinc, mg	0.61	2.5
Manganese, mg	0.52	2.1
Copper, mg	0.12	0.48
Selenium, mcg	10.4	42
Sodium, mg	40	160
Potassium, mg	370	1480
Free Water, mL	212	848

[‡]For healthcare professionals only. Real Food Blends® is made from 5-8 real food ingredients. Due to normal nutritional variation in agricultural ingredients, actual nutrient content of our products may differ. For individuals dependent on a feeding tube, regular nutritional monitoring is recommended to ensure the diet is adequate and provides all essential nutrients.

Contact Nutricia North America:
(800) 365-7354 or
NutritionServices@Nutricia.com
Monday-Friday, 8:30am – 5:00pm ET

Ingredients:

Apple Juice, Squash, Salmon, Water, Apples, Gluten-Free Rolled Oats, Extra Virgin Olive Oil, Lemon Juice.
Contains: Fish (Salmon).

Administration:

Can be used as bolus, pump or gravity feeding with a 12 Fr G-tube or larger.

Can be administered via pump or gravity with additional liquid.

Recommended hang time of 2 hours.

Real Food Blends products are 100% real food made with 5 to 8 simple ingredients, with no added synthetic vitamins or minerals. Real Food Blends meals are not nutritionally complete. Use a variety of Real Food Blends meals to customize nutrition plans to help address the dietary needs of each patient. (Important:) If Real Food Blends meals are used as a primary source of nutrition, a multivitamin and mineral supplement is required along with an additional calcium and sodium source. Recommended for use as directed by a healthcare professional.

Storage Recommendations:

Once opened, Real Food Blends should be used within 2 hours, or stored in a refrigerator for up to 24 hours. Discard unused contents thereafter.

REALFOOD BLENDS®
MEALS FOR PEOPLE WITH FEEDING TUBES

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Real Food Blends is part of the Nutricia family of brands.

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